

# 5 open source speed-reading applications

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English essayist and politician Joseph Addison once said, "Reading is to the mind what exercise is to the body." Today, most (if not all) of us are training our brains by reading text on computer monitors, television screens, mobile devices, street signs, newspapers, magazines, and papers at work or school.

Given the large amount of written information we take in each day, it seems advantageous to train our brains to read faster by doing specific exercises that challenge our classical reading habits and teach us to absorb more content and data. The goal of learning these skills is not just to skim text, because reading without comprehension is wasted effort. The goal is to increase your reading speed while still achieving high levels of comprehension.

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## Links:

[1] <http://www.tuxmachines.org/taxonomy/term/72>

[2] <https://opensource.com/article/19/8/speed-reading-open-source>